

PE

The EYFS framework is structured very differently to the national curriculum as it is organised across seven areas of learning rather than subject areas.

PE is taught cross curricular every day during both adult directed and child initiated learning. E.g. throwing and catching a ball, climbing on the climbing frame, 5 a day dance routines.

We record PE through observations which can be seen on Tapestry in Nursery and Reception. Tapestry is an online learning journal which consists of pictures of children's work, children's voice, moments from home e.g. visiting the local playground to go on the monkey bars, adult led activities, independent activities as well as child initiated learning (this is where children can choose where to work and we scaffold their learning).

Examples of some activities that can be seen across the year in EYFS are:

- 5 a day dance routines (this is everyday)
- Balancing along the beams
- Climbing up the climbing frame
- Dribbling a ball
- Sports day – javelin throwing, running races, obstacle races
- Parachute games

Below is the EYFS statements taken from Birth to 5 that children need to meet during Nursery and Reception. You can see the progression from Range 5 to Early Learning Goals (ELG). ELG is where children should be at the end of Reception. PE is seen in Physical Development (PD).

	Physical Development (PD)
Range 5	<p><u>Moving and Handling</u></p> <ul style="list-style-type: none"> • Climbs stairs, steps and moves across climbing equipment using alternate feet. Maintains balance using hands and body to stabilise • Walks down steps or slopes whilst carrying a small object, maintaining balance and stability • Runs with spatial awareness and negotiates space successfully, adjusting speed or direction to avoid obstacles • Can balance on one foot or in a squat momentarily, shifting body weight to improve stability • Can grasp and release with two hands to throw and catch a large ball, beanbag or an object
Range 6	<p><u>Moving and Handling</u></p> <ul style="list-style-type: none"> • Chooses to move in a range of ways, moving freely and with confidence making changes to • body shape, position and pace of movement such as slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding and hopping • Experiments with different ways of moving, testing out ideas and adapting movements to reduce risk • Jumps off an object and lands appropriately using hands, arms and body to stabilise and balance • Negotiates space successfully when playing racing and chasing games with other children, adjusting speed or changing direction to avoid obstacles • Travels with confidence and skill around, under, over and through balancing and climbing equipment • Shows increasing control over an object in pushing, patting, throwing, catching or kicking it
ELG	Statutory ELG: Gross Motor Skills

	<p>Children at the expected level of development will:</p> <ul style="list-style-type: none">- Negotiate space and obstacles safely, with consideration for themselves and others;- Demonstrate strength, balance and coordination when playing;- Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.
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