

CHERRY TREE CURRICULUM OVERVIEW



Physical Education

	AUTUMN 1 Ball Skills	AUTUMN 2 Healthy Me	SPRING 1 Accuracy	SPRING 2 Accuracy	SUMMER 1 Fitness and Speed	SUMMER 2 Fitness and Speed	Adventurous Activities
The foundation of PE in EYFS	<ul style="list-style-type: none"> • 5 a day dance routines (this is everyday) • Balancing along the beams • Climbing up the climbing frame • Dribbling a ball • Sports day – javelin throwing, running races, obstacle races • Parachute games 						
Year 1	Multi-skills Throwing & catching Balance & movement	Dance African influenced music	Gymnastics	An introduction to Invasion games Multi-skills	Striking and Fielding Skills & Games	Athletics	Woodland Adventure Wonder Walks Walk to the local park
Year 2	Multi-skills Throwing & catching Balance & movement	Dance Indian influence music	Gymnastics	Invasion Games	Racket Sports Tennis	Athletics	Woodland Adventure Walk to the local shops
Year 3	Netball	Dance Egyptian influenced music	Gymnastics	Invasion Games Hockey	Striking and Fielding Cricket	Athletics	Woodland Adventure Walk to Leavesden Country Park Allotment Project
Year 4	Basketball	Dance Street dance Swimming	Gymnastics Swimming	Invasion Games Football Swimming	Racket Sports Tennis	Athletics	Woodland Adventure River Ver Walk
Year 5	Netball	Dance Line dancing & Ceilidh	Gymnastics	Invasion Games Hockey	Striking and Fielding Cricket	Athletics Rounders	Woodland Adventure Walk along the River Thames
Year 6	Basketball	Dance Street dance	Gymnastics	Invasion Games Football	Racket Sports Tennis/Badminton	Athletics Rounders	Woodland Adventure

						Bikability (Swimming)	Canal Walk to Cassiobury Park Hill walking - Kent
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*Orienteering topic week in Autumn 1 and Autumn 2 for all year groups (see separate progression plan)
On-going sports tournaments and events with other schools