



Sex and Relationships Education Policy

September 2017

Philosophy

At Cherry Tree School we believe our SRE Policy will help to develop the self esteem and emotional well being of our pupils. Although the teaching of Sex and Relationships is not statutory within the Curriculum, our staff and governors believe that it is imperative that we teach our pupils the basics so that they form worthwhile and satisfying relationships, which are based on respect for themselves and for others, and to receive a grounding that will prepare them for the teenage and adult years ahead.

Aims

- To provide a stimulating and supportive learning environment where pupils can develop their feelings of self worth and confidence in their relationships with others.
- To help them to develop skills such as: valuing themselves as unique individuals; keeping themselves and others safe and healthy; communication; decision making and assertiveness; knowing how and where to go to gain information and support.
- To prepare our pupils for adult life by supporting them through their physical, emotional and moral development and help them to understand themselves and others, and form and sustain healthy relationships.
- To provide factual and impartial information. It is not about the promotion of sexual orientation or sexual activity.

Objectives

- We will achieve these aims by helping the pupils to gain knowledge and understanding about emotions and relationships, physical development, sexuality and reproduction and the law. We will talk about good and bad secrets.
- We will develop positive attitudes and values by recognising the value of family life and stable loving relationships. We will teach them the importance of respecting themselves and each other, and help them to explore moral dilemmas and encourage the development of critical thinking.
- We will help our pupils to extend their personal and social skills and develop their self esteem, self confidence and empathy for others. We will help them to manage their emotions and relationships confidently and sensitively.

Teaching and Learning

- SRE will be taught as part of our Science programme. This will include life processes and the main stages of the human lifecycle.
- Other aspects of SRE are taught mainly in PSHE&C lessons. In E-Safety lessons children will be taught about keeping themselves safe online. They will be taught about the importance of not sending any inappropriate or naked images or videos of themselves to others.
- Pupils will also be able to develop their knowledge through other subjects such as Literacy, RE and assemblies.
- In KS1 we will build on the EYFS personal, social and emotional development. KS1 and KS2 will teach the following areas: Developing confidence and responsibility and making the most of their abilities; developing a healthy, safer lifestyle; developing good relationships and respecting the differences between people.
- Teachers will have the main responsibility for SRE in the classroom but they liaise with other specialists such as the school nurse.
- Teaching strategies used are in line with our Teaching and Learning policy.
- Where appropriate boys and girls will be taught separately.

Assessment and Monitoring

Monitoring of SRE will be done by PSHE and Science subject leaders in line with school monitoring schedule.

Evaluation, assessment and self assessment are an integral part of SRE. Pupils will be encouraged to recognise the progress that they are making in developing skills, knowledge and understanding. They should learn to reflect on their experiences, ask questions and make judgements.

A comment on SRE may be included in the PSHE section in our end of year reports.

Equal opportunities

Our school is committed to ensuring that our SRE programme is relevant to all pupils and is taught in a way that is age and Key Stage appropriate.

Parents will be informed that they have the right to withdraw their children from sex education lessons if they wish but not from any other subject lessons that form part of the national curriculum.

Resources

We use the school budget to purchase any necessary resources. A list of these can be found in the PSHE Subject Leader file.