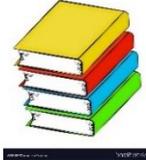


Drink	Starter	Main	Dessert	Cheeseboard
<p>Research some of the UK's favourite seaside towns/ coastal resorts. Choose one which you would like to visit, or you have visited in the past. Where is it? What do you like about it? Create a short fact file about it.</p> 	<p>Write your own version of "Oh I do like to be beside the seaside" with some modern twists. Are there any activities that are not in the original song that you can put into your up to date version.</p> 	<p>Write a detective story based on a seaside or beach mystery. Make it full of twists and turns to make the reader excited. Possible titles: The Curse of the Haunted Merry-Go-Round Who took Tommy's Ice Cream?</p> 	<p>Create a fitness plan for yourself with a goal in mind. For example, a fitness plan with the aim of you running 100m in under 20 seconds or being able to run further.</p> 	<p>Imagine that you are transported into a famous fairy-tale. Can you retell a traditional fairy-tale from your own perspective? Do you befriend the hero or the villain? Try to include a twist in the plot.</p> 
<p>Research the life and works of Benjamin Britten, who was often inspired by the sea for his music. How does his music make you feel?</p> 	<p>Research some of the earliest seaside attractions. When and why did they become so popular? Design your own attraction which might also have been popular in the earlier years.</p> 	<p>Write a shape poem about an insect of your choice. It could be an ode (a positive poem) or it could be a criticism of how the insect affects your life negatively. Address it to the insect.</p> 	<p>Find a leaf on the ground near your house or around school. Write a poem about all the minute details that you notice on the leaf. Use your five senses to help you structure this poem.</p> 	<p>Record the physical activity you do every week. Do you think you do enough? If not, go for a bike ride, scoot around the block, or try jogging (you will soon get your steps up!).</p> 
<p>Plan a menu for a seaside picnic. What treats will you include? How could you make your picnic healthy? Can you include something from each of the five food groups?</p> 	<p>Design an invention related to the beach. It could be a parasol that serves you cool drinks in the sun, a special shoe that stops sand from getting everywhere. Be creative! Think of the problems that you might face when you go to the beach and you could solve them.</p> 	<p>Design and produce a detailed plan of a dream underwater base that you would like to build. What kind of features would it have and why? What would you do in your underwater base?</p> 	<p>Whilst reading a book of your choice, take notice and make a magpie bank of words and phrases that you enjoy from that author. Use these words and phrases in at least five sentences.</p> 	<p>Sit outside in the park or your garden and take notice of the changes as we transition into the height of the summer. Make a nature journal or a drawing about the changes that you notice in your local area. What is your favourite change?</p> 