



















| | | WEEK 3 | | W/C: 16/11 07/12 28/12 18/01 08/02 01/03 22/03 | |
|--------|---|--|------------------------|---|--|
| MONDAY | HOT SPECIALS... | DAILY FAVES... | SIDES... | PICK A PUD! | |
| | Cheese and Tomato Pizza with Dough Balls  Cheesy tomato topped pizza slice Chinese Veggie Noodles  Egg noodles with stir fried vegetables | Jacket Potato  with a choice of fillings Tomato Pasta  Fresh, homemade tomato and basil sauce with penne pasta | Sweetcorn and Broccoli | Raspberry Yoghurt Cake | |
| | Sausage and Mash with Gravy Traditional pork sausage and mash with rich gravy Sausage and Mash with Gravy  Traditional Veggie Sausage and Mash with rich Gravy | Jacket Potato  with a choice of fillings Tomato Pasta  Fresh, homemade tomato and basil sauce with penne pasta | Peas and Carrots | Peach Shortbread Pudding with Custard  | |
| | Roast Turkey with Roast Potatoes & Gravy Roast turkey with fluffy roasties and tasty gravy Sweet Potato Chickpea Roast with Roast Potatoes and Gravy  A chunky sweet potato and chickpea roast | Jacket Potato  with a choice of fillings Tomato Pasta  Fresh, homemade tomato and basil sauce with penne pasta | Carrots and Cabbage | Flapjack with Fresh Cut Fruit Slices  | |
| | Chicken Pie Creamy Chicken Pie with a puff pastry topper Mild Chickpea & Potato Curry with Rice  A tasty chickpea and potato masala | Jacket Potato  with a choice of fillings Tomato Pasta  Fresh, homemade tomato and basil sauce with penne pasta | Sweetcorn and Broccoli | Chocolate Apricot Brownie | |
| FRIDAY | Golden Fish Fingers and Chips Crispy Quorn dippers with their fave sauce - ketchup Meat-free Dippers with Chips  Crispy Quorn dippers with their fave sauce - ketchup | Jacket Potato  with a choice of fillings Tomato Pasta  Fresh, homemade tomato and basil sauce with penne pasta | Baked Beans and Peas | Vanilla Ice Cream | |



Food Super Heroes Menu

YOUR FAVOURITES available every day

OUR NEW MENU! chosen by our parents and children



£2.20

THREE WEEK MENU
AUTUMN/WINTER 2020

Chartwells

HOT SPECIALS...

MONDAY


Cheese and Tomato Pizza with Dough Balls  
Cheesy tomato topped pizza slice

Burrito 
A soft wrap filled with lightly spiced veggies and rice

TUESDAY

Chicken Burger with Potato Wedges

Roast chicken served in a soft bun with lettuce and mayo

Macaroni Cheese 
Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce


WEDNESDAY

Roast Chicken with Roast Potatoes & Gravy

Succulent roast chicken with fluffy roasties and tasty gravy

Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy 
A chunky sweet potato and chickpea roast

THURSDAY

Pasta Bolognese 
A classic Italian beef bolognese in a yummy tomato sauce




Hotdog with Potato Wedges 
Our favourite veggie hotdog served in a soft sub roll




FRIDAY

Golden Fish Fingers and Chips
Crispy fish fingers with scrummy chips

Meat-free Nuggets and Chips 
Crispy Quorn nuggets with their fave sauce - ketchup

DAILY FAVES...

Jacket Potato  with a choice of fillings
.....
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato  with a choice of fillings including salmon mayo
.....
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato  with a choice of fillings
.....
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato  with a choice of fillings
.....
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato  with a choice of fillings
.....
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

WEEK 1

W/C: 02/11 23/11 14/12
04/01 25/01 15/02 08/03
29/03

SIDES...

Coleslaw
and
Sweetcorn

Peas
and
Broccoli

Carrots
and
Cabbage

Broccoli
and
Sweetcorn

Baked Beans
and
Peas

PICK A PUD!

Brownie

Raspberry
Ripple Ice
Cream



Shortbread
Biscuit with
Fresh Cut
Fruit Slices 



Summer Berry
& Peach Oaty
Crumble with
Custard 

Strawberry
Swirl Sponge


MONDAY

HOT SPECIALS...

Cheese and Tomato Pizza with Dough Balls  
Cheesy tomato topped pizza slice


Vegetable Supreme Pizza  
Cheesy tomato pizza slice topped with sweetcorn and peppers


Chicken Tikka Masala with Rice 
Succulent chicken in a mild creamy sauce

Macaroni Cheese 
Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce

Tender Roast Gammon with Roast Potatoes & Gravy

Tender roast gammon with fluffy roasties and tasty gravy

Pastry Slice with Roast Potatoes and Gravy 
Pumpkin and potatoes wrapped in flaky pastry

Lasagne with a Garlic & Herb Bread Wedge 
A classic Italian beef lasagne in a yummy tomato sauce

Vege Balls in Tomato Sauce with Pasta  
Vege balls in a tomato sauce with pasta

Southern Fried Chicken Tasters with Chips
Lightly seasoned crispy chicken strips and scrummy chips

Meat-free Dippers with Chips 
Crispy Quorn nuggets with ketchup




TUESDAY




WEDNESDAY




THURSDAY



FRIDAY



DAILY FAVES...

Jacket Potato  with a choice of fillings
.....
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato  with a choice of fillings
.....
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato  with a choice of fillings
.....
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato  with a choice of fillings
.....
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato  with a choice of fillings
.....
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

WEEK 2

W/C: 09/11 30/11 21/12
11/01 01/02 22/02 15/03

SIDES...

Sweetcorn
and
Broccoli & Cauliflower

Broccoli
and
Peas

Cabbage
and
Carrots

Sweetcorn
and
Broccoli

Peas
and
Baked Beans

PICK A PUD!

Creamy Peach
Rice Pudding

Apple &
Carrot
Yoghurt Muffin 

Strawberry Ice
Cream

Chocolate
Cake

Orange
Shortbread
served with
Fresh Cut
Fruit Slices 

 Vegetarian  Oily fish
 Wholegrain  Fruity!

Water, salad,
freshly baked bread,
yoghurt & fresh fruit

Available
every day!

