



Key Stage 1 Weekly Learning		
Year 1, Birch and Maple	Theme: Wonderful Watford	Week beginning: 20/4/2020
Daily Activities		
Wake up & Shake up	Exercise with Joe Wicks, go for a walk, run or dance.	
Reading - 10- 15 mins	Continue reading books from home, school or online. We have also added a reading sheet for you to work with. This work is on the book 'The Secret of Black Rock' by Joe Todd-Stanton. You do not need the book - all the tasks are within the sheets provided. This week focus on Tasks 1 and 2.	
Speaking/Listening-5-10 mins	Use the daily picture on <a href="http://www.pobble365.com/">http://www.pobble365.com/</a> to talk about what you can see. Think about what What? Where? Why? Who? When? How?	
Maths- 20- 30 mins	Log on to Topmarks Daily 10 or practise a key skill listed below.	
BREAK	Eat a healthy snack, exercise or relax with some mindfulness	
Phonics- 10 - 15 mins	Log on to Phonics Play and choose from Phase 3, 4 and 5 games (real and alien words) <a href="https://new.phonicsplay.co.uk/">https://new.phonicsplay.co.uk/</a>	
Spelling- 5 - 10 mins	Practise your Common Exception Words. (Given out in the Home learning pack)	
Writing- 10 - 20 mins	Write a diary of your day or write some descriptive sentences about the picture on Pobble365.com using interesting adjectives in your home learning book.	

Key Mathematical skills	Key Reading skills	Key Writing skills
<ul style="list-style-type: none"> <li>Counting forwards and backwards and x2, x5, x10 tables</li> <li>Number bonds to 10 and 20</li> <li>Coin recognition up to £2</li> <li>Quick addition and subtraction of 1 digit numbers</li> <li>Doubles and halves to 20</li> <li>Telling the time</li> <li>Names and describing 2D and 3D shapes</li> <li>Number of seconds in a minute, minutes in an hour, hours in a day, days in a month, months in a year.</li> </ul>	<ul style="list-style-type: none"> <li>Using phonics to decode words</li> <li>Predicting what will come next</li> <li>Talking about characters and events</li> <li>Sharing opinions</li> <li>Retrieving facts</li> <li>Making simple inferences (e.g. <i>I think it is sunny and hot because she put on sun glasses.</i>)</li> </ul>	<ul style="list-style-type: none"> <li>Capital letter at the start of a sentence</li> <li>Full stop at the end (or ?!)</li> <li>Finger spaces</li> <li>Neat, joined handwriting</li> <li>Conjunctions to join ideas (and/ but/ so/ because/ which)</li> <li>Using past or present tense</li> <li>Using phonics to spell</li> <li>Adjectives to describe</li> </ul>

Weekly Activities	
<b>Geography - Our local area</b> Talk about where you live. What can you see around you? What type of buildings are there? What places can you name in Watford? Talk about land use including housing, shops, leisure, farming, housing, industry/factories, schools, open space and any relevant landmarks. -Use the sheet attached to write everything you know about Watford as a family. -Talk about what an address is and practise writing your home address on the sheet given below.	<b>PSHE - Jigsaw</b> Our new theme for this half term is 'Relationships'. Talk about the people in your family. How many family members can you name? (those that live with you are 'close' family and those that do not are 'extended' family) -Use the Powerpoint provided to talk about different types of families. -Draw and label a picture of your family in your home learning book and email/tweet it for us to see.
<b>DT - weaving</b> Can you think of different ways to join 2 strips of paper together without using anything else? -Use the sheet below and work with an adult to create your own Caterpillar by weaving the strips of paper together. - Talk about how you are joining the strips together. Can you spot a pattern? - Tweet/email us a picture of your caterpillar	<b>PE</b> Have a go at the superhero action training sheet below. Why not ask your parents or siblings to join in! Workout indoors or in the garden. -How many can you tick off in one day? -Which was the easiest exercise? -Which was the most difficult?

## Geography

Our theme this term is Wonderful Watford. What do you know about Watford?  
As a family have a brainstorming session writing down, onto the mind map attached, all the things you know about this amazing town.



# Address it Correctly

When you're writing an address (including your own) on an envelope or on a form, you need the following details:

postcode

title

name

postal town

house name or number

area or village or town

street


county

country

But, do you know the right order in which to write these details?

Do you know your own full postal address?

Task: Write your own address on the envelope below:



# Adult Guidance - Make a Caterpillar

You will need 2 strips of paper in 2 different colours. They need to be the same length and width.



Put one strip on top of the other and turn them so they are at right angles to each other.



Fold the bottom strip over the top strip. Now the other strip is on the bottom.



Fold the bottom strip over the top strip. The other strip will now be on the bottom.



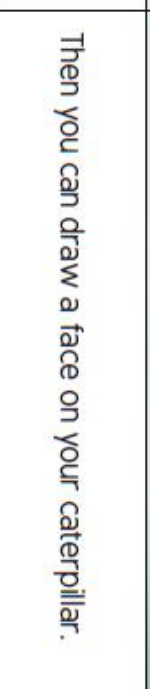
Keep folding the bottom strip over the top strip until your paper runs out.



Fold the bottom strip over the top strip. Now the other strip is on the bottom.























Then you can draw a face on your caterpillar.



# Superhero Action Training

Perform each action and tick off when complete

<input type="checkbox"/> balance on one foot for 10 seconds 	<input type="checkbox"/> bend and touch your toes 10x 
<input type="checkbox"/> crawl forward for 10 feet 	<input type="checkbox"/> curl your body up and hold for 10 seconds 
<input type="checkbox"/> gallop for 10 steps 	<input type="checkbox"/> hop on one foot 10x 
<input type="checkbox"/> jump in place 10x 	<input type="checkbox"/> kneel up tall for 10 seconds 
<input type="checkbox"/> leap forward 10x 	<input type="checkbox"/> roll in a straight line for 10 feet 
<input type="checkbox"/> run in place for 10 seconds 	<input type="checkbox"/> sit and then stand up 10x 
<input type="checkbox"/> skip forward 10x 	<input type="checkbox"/> slide to the right 10x slide to the left 10x 
<input type="checkbox"/> stomp your feet in place 10x 	<input type="checkbox"/> straighten your body and hold for 10 seconds 
<input type="checkbox"/> stretch your legs for 10 seconds 	<input type="checkbox"/> twist your body to the right and left 10x 
<input type="checkbox"/> walk backwards for 10 steps 	<input type="checkbox"/> wiggle your body for 10 seconds 



## Take 5: Ideas for Independent/Home Learning

### The Secret of Black Rock by Joe Todd-Stanton (Flying Eye)



#### 1. Explore it

Look at the spread from the book below. What do you notice? Where is this? What makes you think that? How would you describe this place? Is it like anywhere you have seen before in real life or stories? Is there anything you find particularly interesting about this scene? Why? Who is this girl? What is she thinking?



Now read the first page of the spread. What do you learn about Erin's life from this? Read the second page. What more does this tell us about Erin? Is this what you expected from looking at the picture? How would you describe Erin's character; not just her appearance but by her behaviour, thoughts and feelings?

Why does she long '**to go out to sea**'? Why is it '**too dangerous**'? Who do you think has told her it is too dangerous? Why? What do they know? What would she see there? What could happen to her?

#### 2. Illustrate it

Think about where Erin lives and her longing to go out to sea. What is special about the sea? Who lives there? Look closely at the fish that she is watching. Which do you like best? Why? Can you draw it? What is special about it compared with the others? What features will you include? Is it short and round or long

and skinny? Is it plain or patterned? Is it alone or in a group? Maybe you would prefer to draw a sea bird instead. Can you see any in this illustration? How could you draw them? Share your drawing and talk about why you think it is special.

### 3. Talk about it

Look at the front cover and read the title. What do you notice? What is happening here? What is Erin doing?

- Where is Erin going in her boat? What tells you this?
- Do you think Erin has asked to go out to sea? What makes you think that?
- Should we always follow our dreams? Why do you think that?

### 4. Imagine it

Look at the front cover again, looking closely at the picture. Think about where Erin is going:

- Can you find the Black Rock mentioned in the title? How would you describe it?
- Would you want to go there? Why? Why not? What can you see?
- Think about what the secret of Black Rock might be. What do you think she will find there?
- Do you know any stories with secret or magical places? What is special about them?

Create Black Rock above sea level as well as what you imagine it looks like below sea level using whatever materials you have to hand. What do you imagine its secret to be? Is it dangerous? Is it beautiful? Can you find a way to hide its secret and then reveal it to somebody else?

You could draw or write a story about Erin and the Secret of Black Rock. Why did she go there? What do you imagine happens when she arrives there? How does the story end?

### 5. Create it

Erin longed to go out to sea. What are your dreams? What do you long for? Why is it important to you? Talk together about where you would most like to go, what you would most like to do or who you would most like to see. Why do you long for these things? How would it make you feel?

Create a wish list of all your hopes and dreams. As well as big dreams, think about small things you could wish for today; something achievable that will make you feel nice. Draw and write your wishes on separate bits of paper and begin to fill something like a jar, book or box with them. You can keep adding to your wish list or take dreams out when they become reality and share this with other people. How will you decorate your wish jar? Do you want it to keep your wishes secret or will your decoration reveal clues about what is inside?

Learn more about author/illustrator Joe Todd-Stanton's picturebook making process on CLPE's Power of Pictures website: <https://clpe.org.uk/powerofpictures/books-and-teaching-sequences/mouse-called-julian>

**Hello my name is Zuton and this is my sister Zanta.  
Welcome to Zarg the planet where we live.**





**Zarg is very, very, very far away from your home,  
Planet Earth. It is deep in outer space.**



**We have lots of friends and they all have different sorts of families.**



**Some of our friends live with their Mum and Dad.  
This is Zoret and her parents.**





**Other friends only have a Mum, and some  
only have a Dad, just like us.**



Some Zargon children have two Mums and  
some have two Dads. That must be great! ✨





**Some Zargon children live with their foster families.  
Our friends Zollo, Zilla and Zani were adopted  
by their Mum.**



**Several Zargon children live with their grandparents  
and some with their uncles and aunts.  
Some families don't have grandparents,  
and some have great-grandparents!**





**There are different coloured Zargons in some families.  
These are our friends the Zangs.**

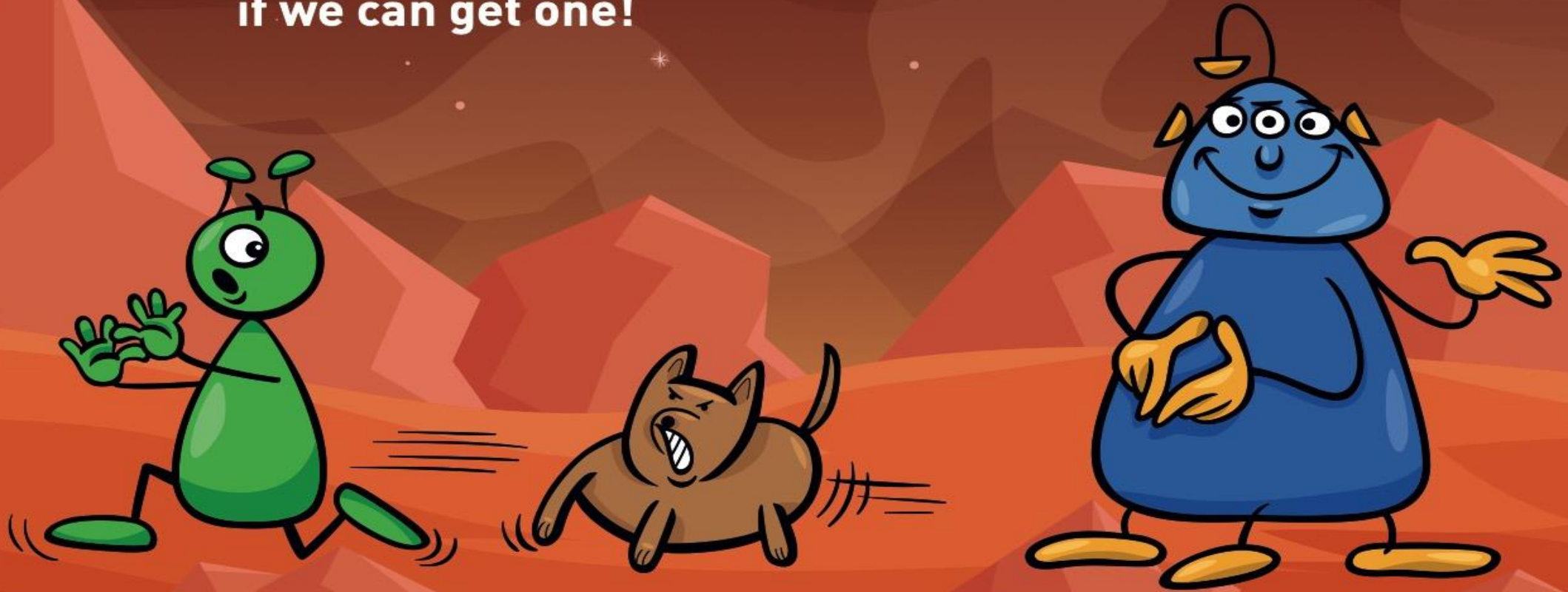


Plenty of Zargon families have lots of children,  
others only have one and some don't have any at all.





**Some Zargons live by themselves like our Aunty Zeb,  
others have their pet Zings to keep them company.  
We don't have any pets, but we keep asking our Dad  
if we can get one!**





**A few of our friends have step-brothers and sisters.**



Some Zarg families live altogether, some live apart.





**All Zargon families love each other very much.  
We like our home and friends!**



**Is Planet Zarg like your planet?**

