

Autumn 2019 /
Winter 2020

FREE

Super Hero school
meals for every
child in reception
and years 1 & 2

You could
save over
£400*
per child per year

We engage
with children
through fun
food activities.

Since September 2014, children in reception and years 1 & 2 are entitled to FREE school meals through the Government's 'Universal Infant Free School Meals' initiative. So who are we? We're Chartwells and are responsible for preparing your children's tasty meals. We love to help children discover and learn about the food they eat, where it comes from and how it's prepared. It's great fun for them and us!

*This saving will depend on the cost of a meal at your school.

Lovingly prepared,
tasty and nutritious
school meals.

We are proud
to have our own
team of registered
nutritionists.

Cherry Tree Primary School Menu - September/October 2020

Food

Super Heroes

Menu


Chartwells
EAT LEARN LIVE

Week one

Monday

01/09 21/09 12/10

Choose a main meal...

Cheese and Tomato Pizza** with Garlic Dough Balls ✓

Burrito ✓

Jacket Potato with Cheese or Baked Beans ✓

on the side...

Sweetcorn

for dessert...

Banana Oatie Biscuit

Tuesday

Choose a main meal...

Chicken Burger with Potato Wedges

Baked Macaroni ✓

Jacket Potato with Cheese or Baked Beans ✓

Jacket Potato with Salmon Mayonnaise

on the side...

Garden Peas

for dessert...

Raspberry Ripple Ice Cream

Wednesday

Choose a main meal...

Roast Chicken with Roast Potatoes and Gravy

Quorn Roast with Roast Potatoes and Gravy ✓

Jacket Potato with Cheese or Baked Beans ✓

on the side...

Carrots

for dessert...

Fruity Flapjack

Thursday

Choose a main meal...

Beef Bolognese **

Quorn Hotdog with Potato Wedges ✓

Jacket Potato with Cheese or Baked Beans ✓

on the side...

Sweetcorn

for dessert...

Shortbread Biscuit with Fruit Slices

Friday

Choose a main meal...

Golden Fish Fingers with Chips

Quorn Nuggets with Chips ✓

Jacket Potato with Cheese or Baked Beans ✓

on the side...

Garden Peas

Baked Beans

for dessert...

Ice Cream

Week two

07/09 28/09 19/10

Choose a main meal...

Cheese and Tomato Pizza** with Garlic Dough Balls ✓

Chinese Veggie Noodles ✓

Jacket Potato with Cheese or Baked Beans ✓

on the side...

Sweetcorn

for dessert...

Vanilla Ice Cream

Choose a main meal...

Chicken Tikka Masala with Rice**

Baked Macaroni ✓

Jacket Potato with Cheese or Baked Beans ✓

on the side...

Garden Peas

for dessert...

Apple and Carrot Yoghurt Muffin

Choose a main meal...

Roast Gammon with Roast Potatoes and Gravy

Sweet Potato & Chickpea Roast with Roast Potatoes and Gravy ✓

Jacket Potato with Cheese or Baked Beans ✓

on the side...

Carrots

for dessert...

Strawberry Ice Cream

Choose a main meal...

Beef Lasagne with Garlic and Herb Bread Wedge**

Vegetable Lasagne with Garlic and Herb Bread Wedge** ✓

Jacket Potato with Cheese or Baked Beans ✓

on the side...

Sweetcorn

for dessert...

Chocolate Cake

Choose a main meal...

Southern Fried Chicken Tasters with Chips

Soft Taco with Chips ✓

Jacket Potato with Cheese or Baked Beans ✓

on the side...

Garden Peas

Baked Beans

for dessert...

Raspberry Ripple Ice Cream

Week three

14/09 05/10 26/10

Choose a main meal...

Cheese and Tomato Pizza** with Garlic Dough Balls ✓

Mac 'N' Cheese ✓

Jacket Potato with Cheese or Baked Beans ✓

on the side...

Sweetcorn

for dessert...

Raspberry Ripple Ice Cream

Choose a main meal...

Pork Sausage with Mash and Gravy

Vegetarian Sausages with Mash and Gravy ✓

Jacket Potato with Cheese or Baked Beans ✓

on the side...

Garden Peas

for dessert...

Banana Oatie Biscuit

Choose a main meal...

Roast Chicken with Roast Potatoes and Gravy

Vegetable Pastry Pie with Roast Potatoes and Gravy ✓

Jacket Potato with Cheese or Baked Beans ✓

on the side...

Carrots

for dessert...

Flapjack with Fruit Slices

Choose a main meal...

Beef Bolognese **

Quorn Bolognese** ✓

Jacket Potato with Cheese or Baked Beans ✓

on the side...

Sweetcorn

for dessert...

Chocolate and Apricot Brownie

Choose a main meal...

Golden Fish Fingers with Chips

Quorn Nuggets with Chips ✓

Jacket Potato with Cheese or Baked Beans ✓

on the side...

Garden Peas

Baked Beans

for dessert...

Vanilla Ice Cream

All our milk is Red Tractor approved



WE BUY 95%

of our seasonal vegetables direct from British growers



FRESH SALAD

IS AVAILABLE ON A DAILY BASIS

REDUCING OUR CARBON FOOTPRINT

OVER 30%

of our products are transported by vehicles that run on biodiesel

WE SUPPORT
82 BRITISH DAIRY FARMS



We only use Lion Quality British Eggs



FARM TO FORK

We can trace every cut of meat back to the farms of origin

ALL OUR BREAD IS

FRESHLY BAKED EVERY DAY



All our bananas are FAIRTRADE

