





Key Stage 1 Weekly Learning		
Year 1, Birch and Maple	Theme: Active Kids How and why do we keep active?	Week beginning: 15/06/2020
Daily Activities		
Wake up & Shake up	Exercise with Joe Wicks, go for a walk, run or dance. You can also have a go at Cosmic Yoga https://www.youtube.com/user/CosmicKidsYoga or even https://www.gonoodle.com	
Reading - 10- 15 mins	Continue reading books from home, school or online. We have also added a reading sheet for you to work with. This work is on the story 'The Secret Sky Garden' by Linda Sarah and Fiona Lumbers. You do not need the book - all the tasks are within the sheets provided. This week focus on Tasks 3, 4 and 5. 	
Speaking/Listening- 5-10 mins	Use the daily picture on http://www.pobble365.com/ to talk about what you can see. Think about what What? Where? Why? Who? When? How?	
Maths- 20- 30 mins	Log on to Topmarks Daily 10/Purple Mash or practise a key skill listed below. Have a go at one of the activities in the Numbers booklet and send us some photos.	
BREAK	Eat a healthy snack, exercise or relax with some mindfulness	
Phonics- 10 - 15 mins	Log on to Phonics Play and choose from Phase 3, 4 and 5 games (real and alien words) https://new.phonicsplay.co.uk/ Watch daily 'Letters and Sounds' phonics lessons on Youtube: https://www.youtube.com/channel/UCP_FbjYUP_UtIdV2K_niWw/featured?disable_polymer=1	
Spelling- 5 - 10 mins	Practise your Common Exception Words. (Given out in the Home learning pack) You can also use this app for spellings https://app.sirlinalot.org/ - You will need to enter your email address and will be sent a free username and password.	
Writing- 10 - 20 mins	Write a diary of your day or some descriptive sentences about the picture on Pobble365.com using interesting adjectives and conjunctions in your home learning book.	
Our School Value		Our School Value for this term is Cooperation . Work with a family member and mimic each other's body positions as if you are looking in a mirror! This is great for body awareness, direction following and social skills.

Key Mathematical skills	Key Reading skills	Key Writing skills
<ul style="list-style-type: none"> Counting forwards and backwards and x2, x5, x10 tables Number bonds to 10 and 20 Coin recognition up to £2 Quick addition and subtraction of 1 digit numbers Doubles and halves to 20 Telling the time Names and describing 2D and 3D shapes Number of seconds in a minute, minutes in an hour, hours in a day, days in a month, months in a year. 	<ul style="list-style-type: none"> Using phonics to decode words Predicting what will come next Talking about characters and events Sharing opinions Retrieving facts Making simple inferences (e.g. <i>I think it is sunny and hot because she put on sunglasses.</i>) 	<ul style="list-style-type: none"> Capital letter at the start of a sentence Full stop at the end (or ?!) Finger spaces Neat, joined handwriting Conjunctions to join ideas (and/ but/ so/ because/ which) Using past or present tense Using phonics to spell Adjectives to describe

Weekly Activities

RE - Precious Texts

Last week we had a think about a book that is special to us. This week we will learn about The Qur'an which is the holy book for Muslims.

Have a look at the Powerpoint to learn all about The Qur'an. Think about:

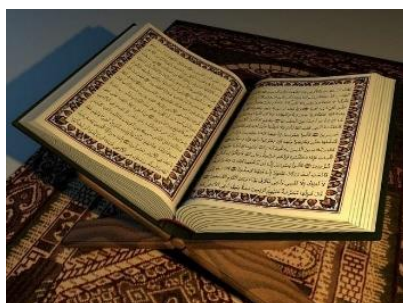
Why it is special to them.

How do they look after The Qur'an?

Where do they keep it when they are not reading it?

Have a go at writing your own set of rules which would help to make the world a better place.

We look forward to seeing your rules.



History - Sports from long ago

Now that you have found out lots of sports names from A-Z, we would like you to research sports that were played a long time ago. Watch this video to help:

<https://www.youtube.com/watch?v=pdi6o5popkU>

Which sports do you like? Is it on the video?

Can you find the answers to these questions:

- What is the oldest sport in history?
- How long have sports been around?
- When was each sport invented?
- Who started sports?



Complete the Wordsearch below by looking for the sports words given.

Art - Nature Frames

Nature art frames are simple to make, fun to play with and create some wonderful images.

You just need an old piece of cardboard or paper, a pen and some scissors.

Then all you need to do is draw a simple shape or picture. Your shape or picture should have at least 1- 2 easy to cut out

sections that you can then look through. You can make anything, such as a butterfly or a heart shape. When you have cut out the see through sections of your frames, all you need to do is take them outside and hold them up against any of the interesting natural things you can see, like the sky, trees, flowers or grass for example.



Remember to tweet/email us a picture of your frame!

PE - Ladder challenge

Take part in 'The Ladder challenge' by following the instructions given on the sheet below. Have fun!



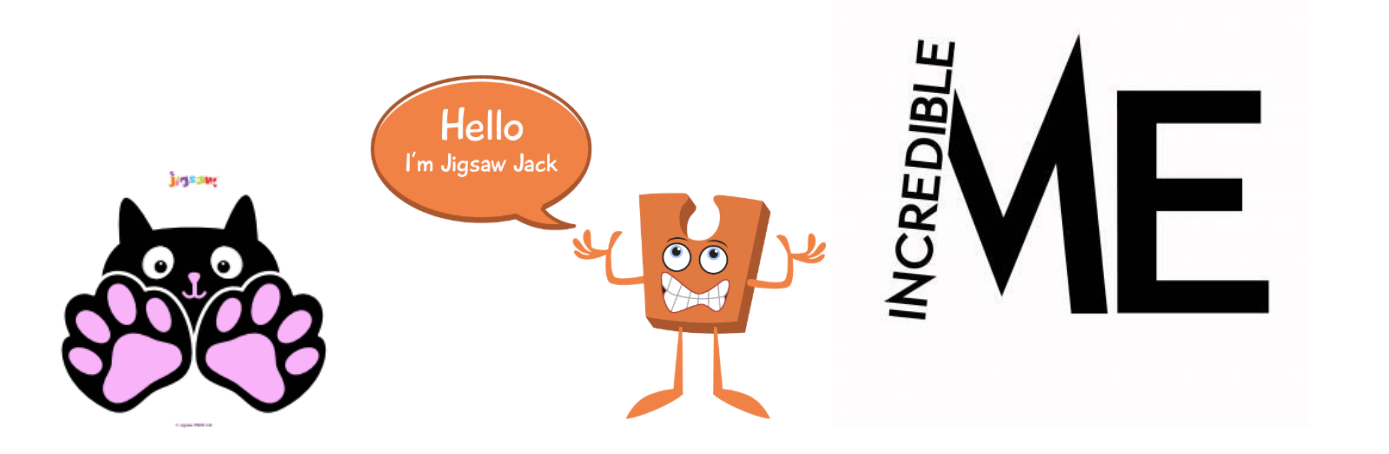
Jigsaw

Share with your family the structure we use in Jigsaw lessons.

Our topic this term is '**Changing Me**' and this week's lesson is about knowing how your body has changed since you were a baby. Have a look at your baby photos and talk about the changes you notice. Can you think of a change in your body as well as another change i.e. abilities, personality etc. Write your ideas in two columns, labelled 'Body changes' and 'Other changes'.

Establish that we are all changing all the time. We are still 'us', I am still me, even though my body grows and changes every day. Think about what would happen if we didn't change and grow? How long does it take to grow up? Do we all grow at the same rate?

Complete the human life cycle below by drawing and labelling in the boxes given. We would love to see your work!



Useful websites:

-Daily Phonics lessons on Youtube: https://www.youtube.com/channel/UCP_FbjYUP_UtIdV2K_-niWw/featured?disable_polymer=1

-Daily lessons on Oak National Academy: <https://www.thenational.academy/online-classroom/year-1#schedule>

-Sing up.org have got useful resources to keep your child learning and singing at home, including a 'Song of the week.'

-Beth Shepherd is a children's author and creative writing tutor. She is running weekly live YouTube sessions by reading a chapter from her book and sharing tips for creative writing. They are every Tuesday and Thursday at 11am on: <https://m.youtube.com/channel/UCOU66uL2lu99dPV1XfIIJ9w>

-Tenpieces@bbc.co.uk have resources and activities based on classical music.

-The National Literacy Trust have published a free online book called 'The Book of Hopes'. It has a selection of short stories by all our favourite children's authors. The link is: <https://literacytrust.org.uk/family-zone/9-12/>

-This is a **free** kindle book written about the virus by an early years expert: <https://www.amazon.co.uk/Games-Play-Whilst-Socially-Distancing-ebook/dp/B0897YWKLK>

Be Active!

f	z	r	q	b	e	c	j	l
c	x	m	m	o	v	e	r	i
s	s	v	r	g	i	p	s	y
e	k	v	k	a	t	s	d	g
t	i	f	y	g	c	e	n	f
y	p	p	a	h	a	m	e	u
g	b	z	l	r	t	a	i	n
k	j	c	p	o	n	g	r	d
t	r	o	p	s	h	h	f	h

fun
play
move
sport
active

fit
skip
games
happy
friends

The Ladder Challenge

The Challenge

How long does it take to run through the ladder 10 times?

- Place a marker on the ground.
- Stride 6 steps and place another marker on the ground.
- Make a ladder by placing 6 socks equal distance apart between the markers.
- Start next to a marker at one end and run through the ladder touching both feet down between each sock.
- Turn at the end and run back through the ladder.
- How long does it take you to run through the ladder 10 times?

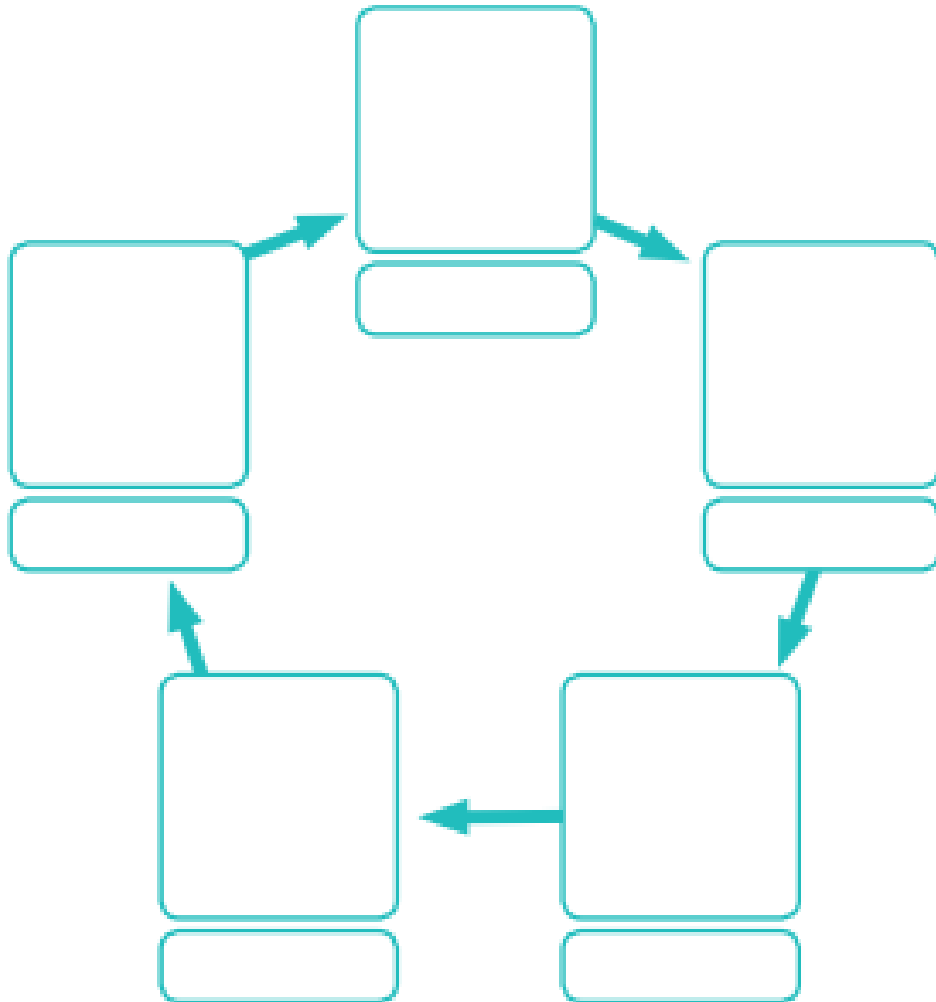
- Always have adult supervision.
- Make sure the surface is flat.
- Make sure there are no obstructions.

What you need:

- 6 x socks
- 2 x markers
- 1 x timer

The Human Life Cycle

Draw the pictures and write the labels
to complete the human life cycle.



Word Bank:

baby

child

adult

toddler

teenager

Numbers to 50 – numbers in words

1 Practise writing these number words.

	Look	Trace	Write
20	twenty	twenty	_____
30	thirty	thirty	_____
40	forty	forty	_____
50	fifty	fifty	_____

2 Choose a number on the left and a number on the right that you think go together. Colour them the same colour. Explain your thinking to a friend.

5 five

4 four

3 three

2 two



40 forty

50 fifty

20 twenty

30 thirty



Numbers to 50 – numbers in words

You will need:



a partner



scissors



What to do:

Cut out the cards on these two pages. Spread out the numbers face down in 1 group and spread out the words face down in another group.

Decide who will go first. Player 1, turn over 1 card from the number group and 1 card from the word group. If they match, you keep the cards and get another turn. If not, turn them back over and Player 2 has a turn. Play till all the cards are gone. Who has the most cards at the end?



20	21	22	23	24
30	31	32	33	34
45	46	47	48	49
26	36	27	37	50

Numbers to 50 – numbers in words (continued)



twenty	twenty-one
twenty-two	twenty-three
twenty-four	thirty
thirty-one	thirty-two
thirty-three	thirty-four
forty-five	forty-six
forty-seven	forty-eight
forty-nine	twenty-six
thirty-six	twenty-seven
thirty-seven	fifty

Numbers to 50 – counting in tens and ones

You will need:



a partner



pencils

What to do:

Each choose a number between 20 and 30 and write it down somewhere secret. Draw that number of stars in the box below.

What to do next:

Ask your partner to count the stars and write down how many there are. Were they right?

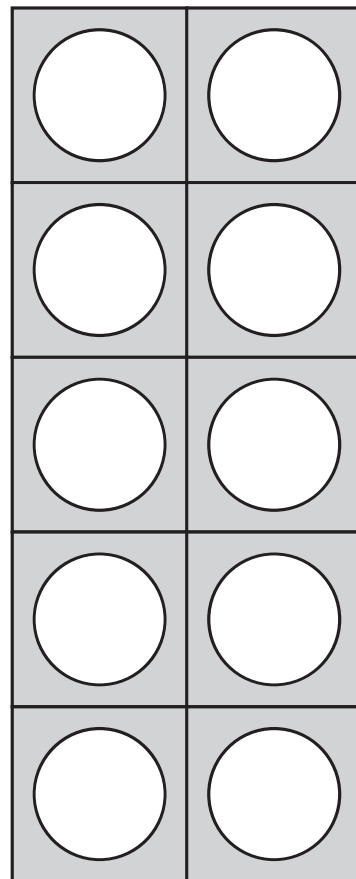
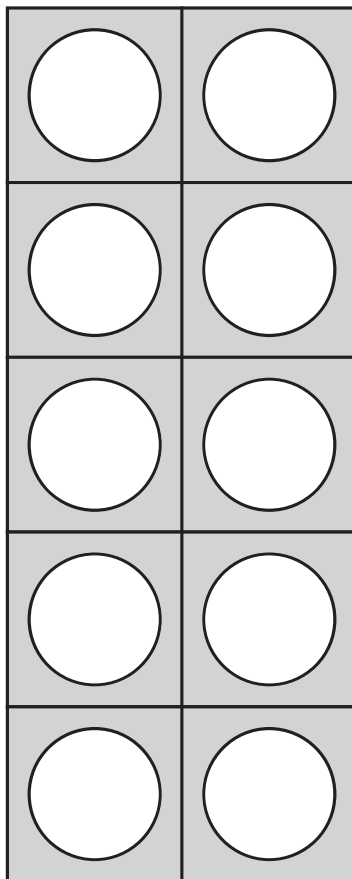
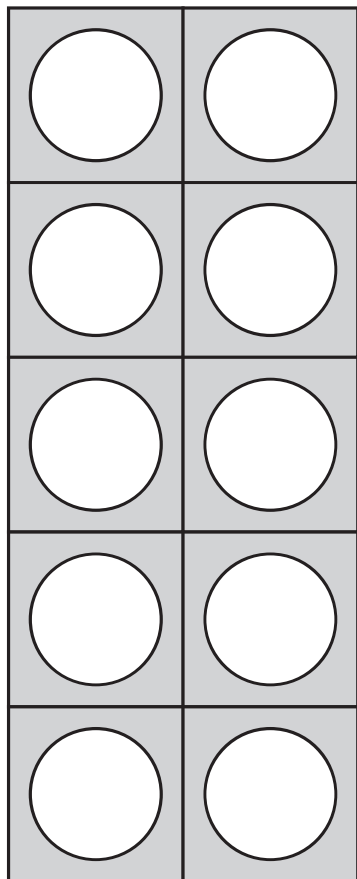
Ask them if they found the stars easy to count. If not, why not? Record their answer.

Numbers to 50 – counting in tens and ones

Now try:

Choose a different number between 20 and 30 and write it down somewhere secret.

This time draw the stars in the frames below. Draw 1 star in each circle.



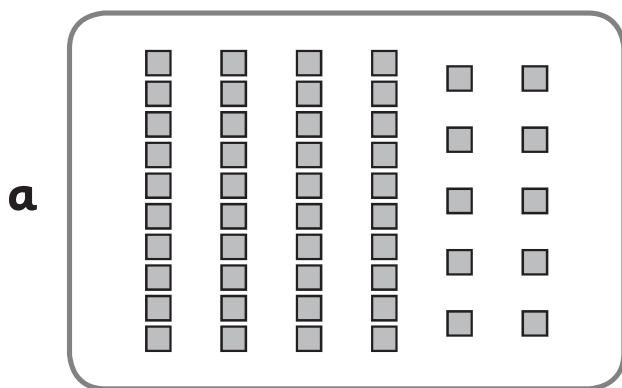
What to do next:

Ask your partner to count this new set of stars and write down how many there are. Were they right?

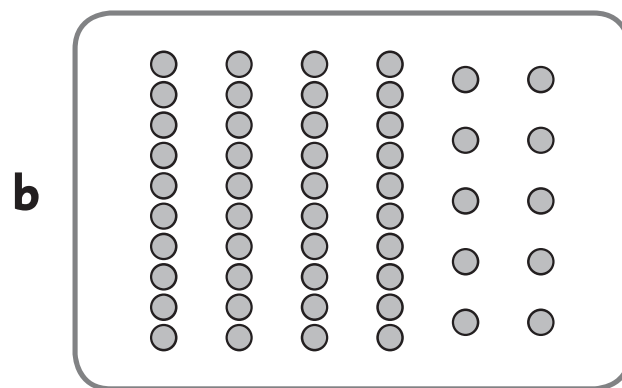
Ask them if the stars were easier to count this time? If so, why? Record their answer.

Numbers to 50 – counting in tens and ones

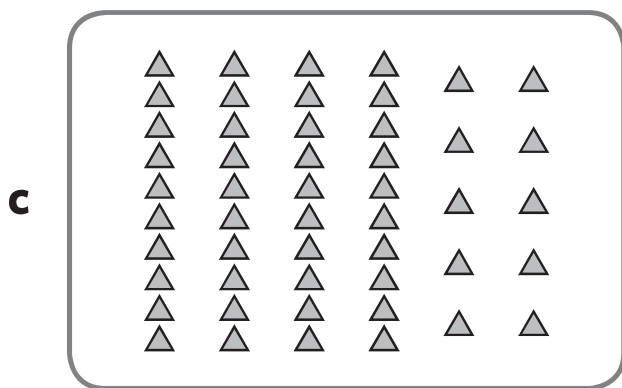
1 Circle the shapes to match the number.



23



31



40

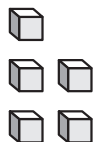
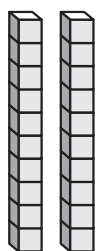


48

2 Draw 29 triangles. What is the best way to draw them so it is easy for someone else to count them?

Numbers to 50 – counting in tens and ones

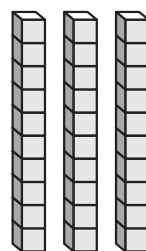
1 Count in tens and then count on in ones to find the missing numbers.



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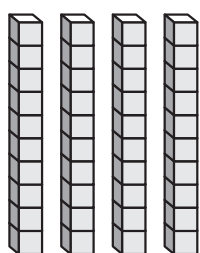
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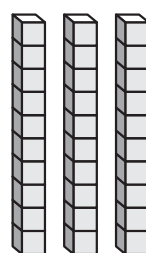
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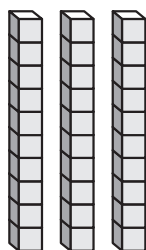
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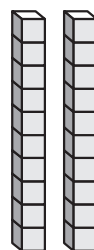
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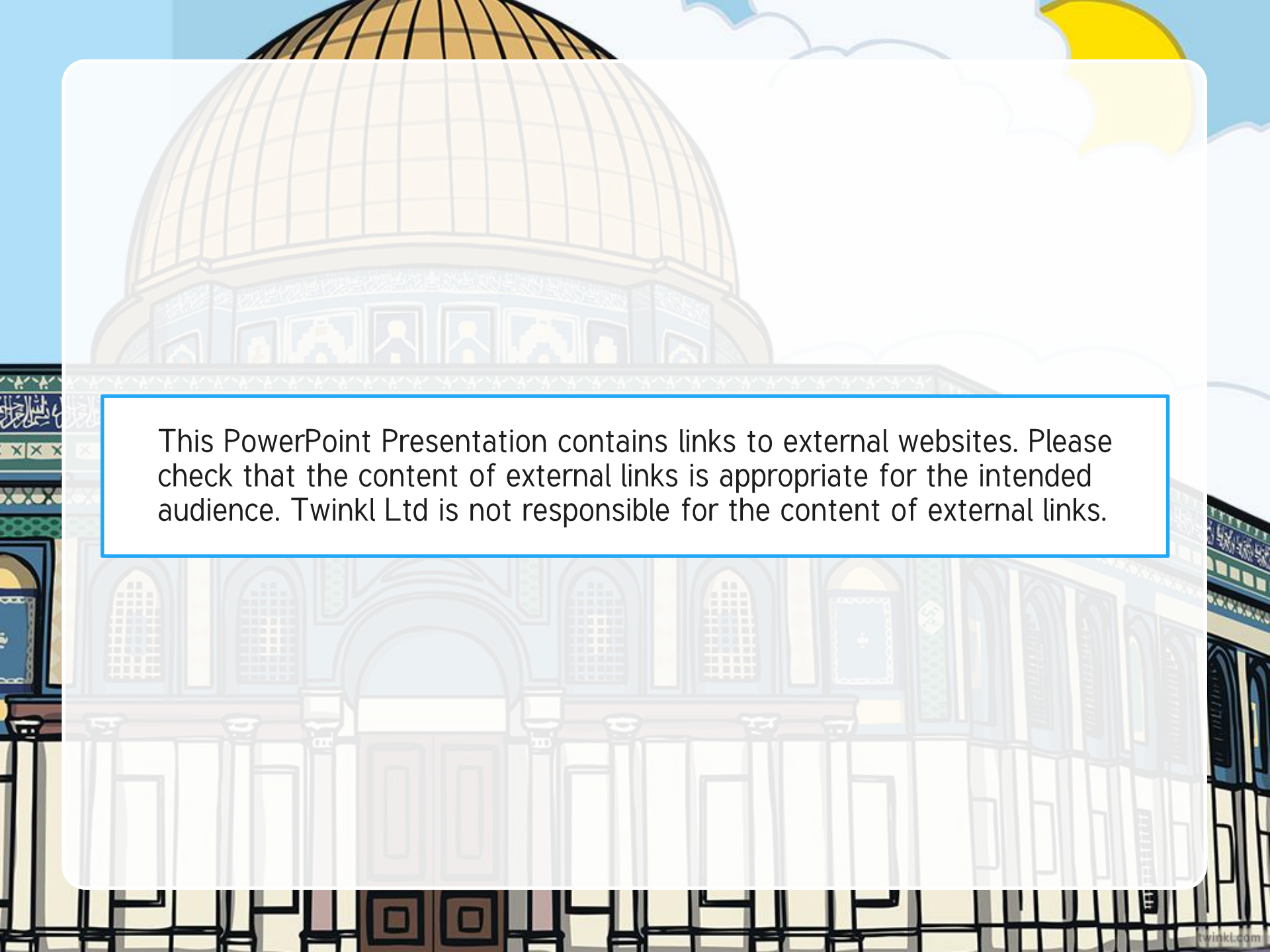
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Islam

The Qur'an





Aim

To find out about the Qur'an.

Success Criteria

- I can explain what the Qur'an is, what can be found inside, why it is so special and how the book is treated by Muslims.
- I can write about something that is special to me and why.

Starter Activity

- What is the Qur'an?
- What do you already know about it?



What is the Qur'an?

The Qur'an is the holy book for Muslims and is written in Arabic.

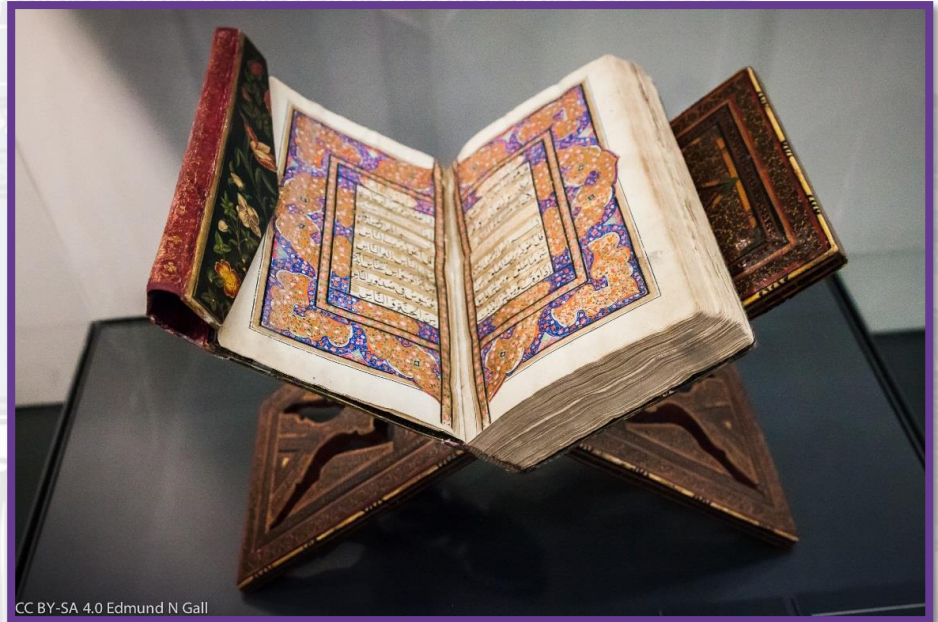
Muslims believe it is the perfect word of God.



What is the Qur'an?

Muslims show respect for the Qur'an by washing their hands before touching it. When not being used, the Qur'an is often wrapped up in a special cloth and kept on a high shelf to show respect.

It must never touch the floor and is placed on a special stand when being read. Many Muslims around the world learn the Qur'an off by heart!



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The Qur'an Activity

Watch the video to find out more about how children learn how to read the Qur'an.

BBC Bitesize

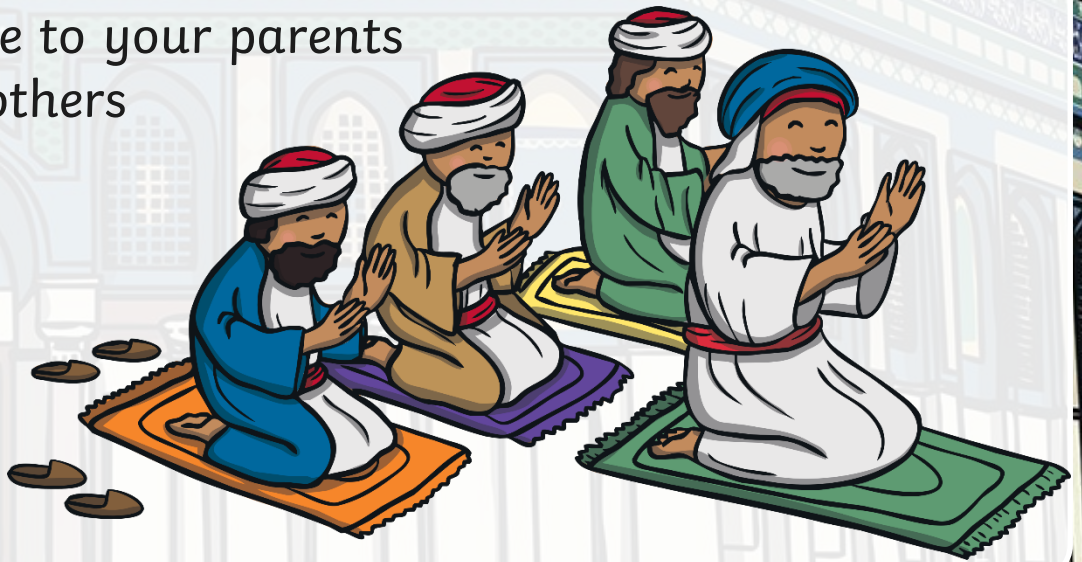


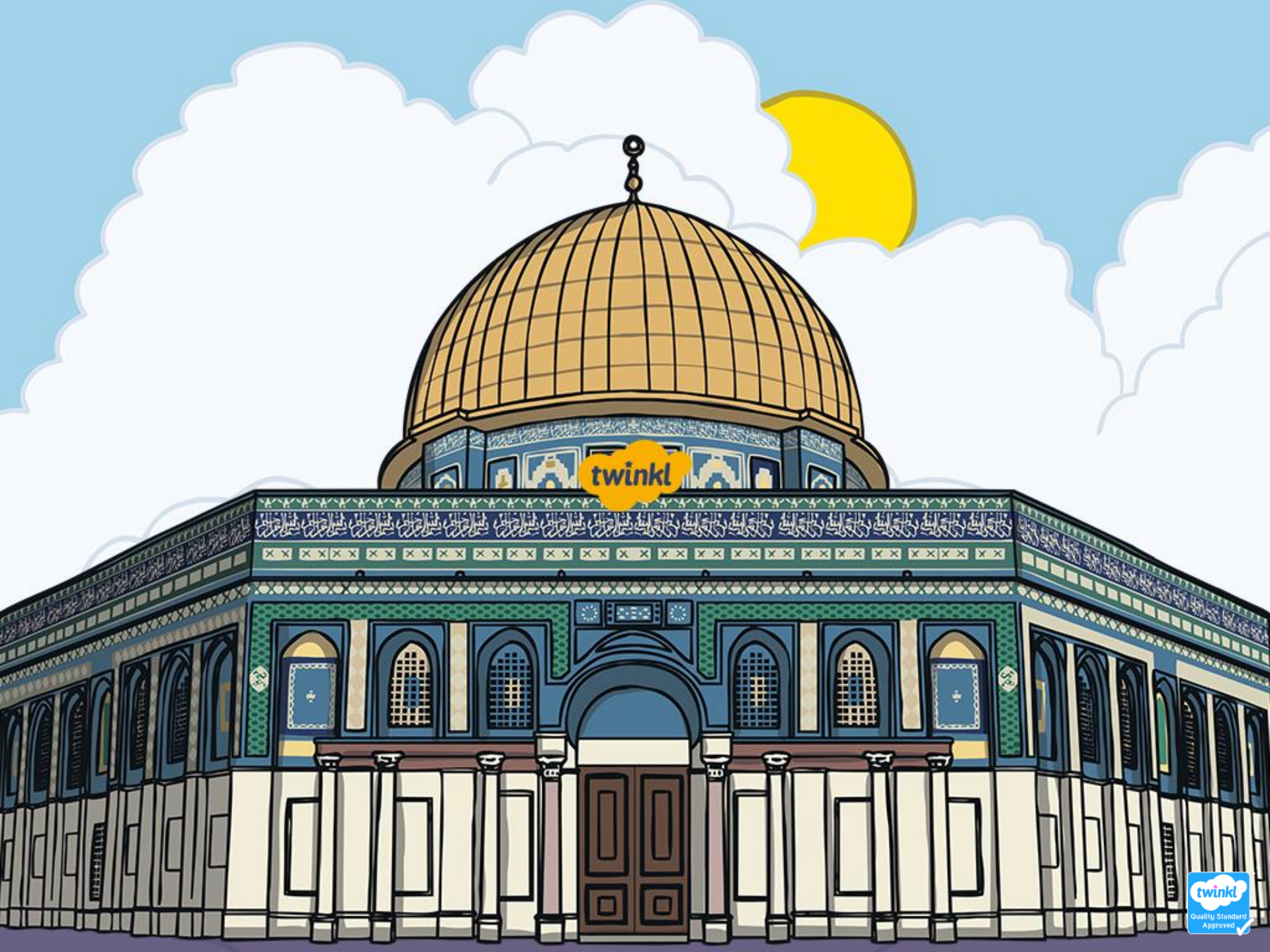
The Qur'an

The Qur'an teaches Muslims how to live a good life.

Here are just a few rules which Muslims must live by:

- Worship only one God
- Pray 5 times a day
- Give to charity
- Show respect and love to your parents
- Show forgiveness to others



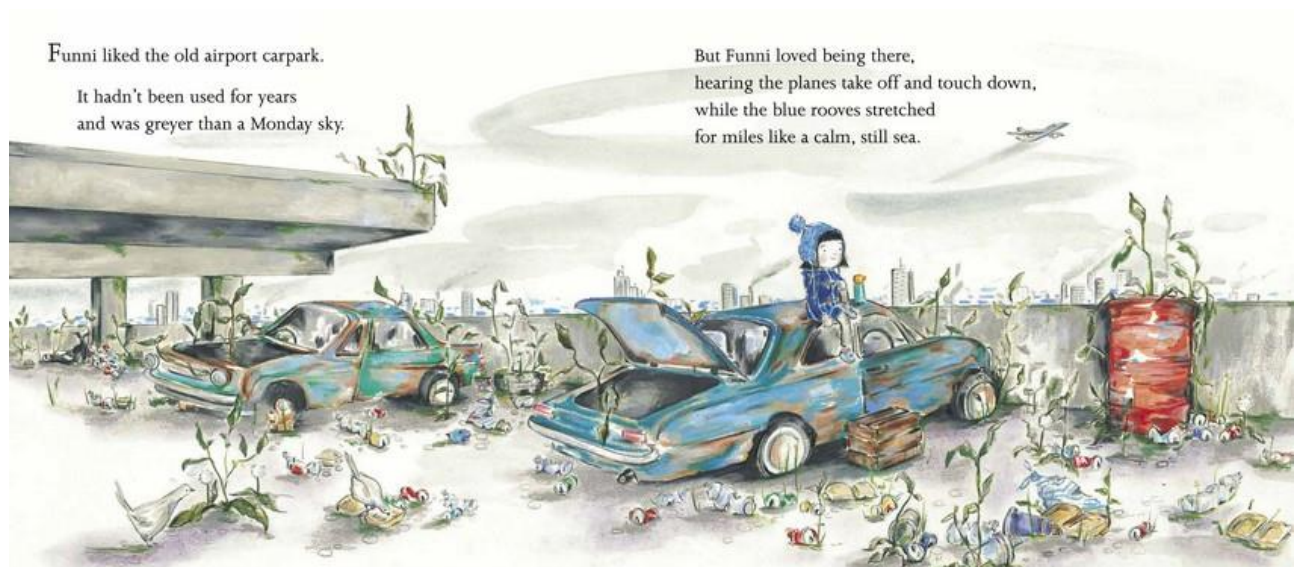


Take 5: Ideas for Independent/Home Learning

The Secret Sky Garden by Linda Sarah and Fiona Lumbers (Simon and Schuster)



1. Explore it



Read aloud the words on the pages above and spend time looking at the illustration. What is happening here? How does Funni feel about this place? What words in the text tell us this? What shows us in the illustration? Look again at the place described in the picture. What words or phrases would you use to describe it? Do you think Funni would describe it in the same way? What do you think she would say about this place? You could write your ideas in a thought bubble, writing in character as Funni.

2. Illustrate it

Re-read the text again and listen to the things Funni likes about being high up on the carpark:

'But Funni loved being there, hearing the planes take off and touch down, while the blue rooves stretched for miles like a calm, still sea.'

What do you think Funni sees as she gazes out over the city? Draw a picture of this as though you are looking through her eyes. You might draw the buildings and houses with their blue rooves, you might draw the aeroplanes taking off or touching down. What else might she see as she looks over the city? Are there any clues in Fiona Lumbers' illustrations? You might choose to listen to the descriptive language 'like a calm, still sea' and draw what she imagines she sees as she is up there.

Draw this out, using whatever you have to hand, the back of an envelope or old letter or cereal box will do if you don't have paper to hand. Maybe other people in your family want to draw what they imagine her seeing as well. Remember, everyone has their own ideas and imagines things their own way. This is a good thing!

Once you have drawn your picture, share your drawings with someone else if you can, or talk about what you have drawn with someone else: what is similar about the drawings? What is different?

3. Talk about it

Re-read the pages again and talk about what you have read.

- Why do you think Funni loves being in this place?
- Is it a place you would like to visit? Why or why not?
- Why do you think this place looks like it does now?
- Is it right for people to leave a place looking like this? What should happen to rubbish and waste?

4. Imagine it

Think about this place in more detail:

- Do you think this is a good place for Funni to be? Why or why not?
- How could it be transformed to become a nicer place for Funni to visit?
- Would there be things she could do by herself?
- What would she need to be able to do this?

You could write some of these ideas down, or draw out a plan for Funni of what the car park could look like and how to achieve this.

5. Create it:

Think about your own favourite places and spaces. This might be your home, or an outside space such as your garden, a local play space or park. Think about the different ways in which you could be responsible for this place to help keep it nice and make a list of these ideas. It might be a list for your home, such as:

Hang up or put away my clean clothes.

Put my dirty clothes in the laundry.

Put my toys away after I have finished playing with them.

Tidy up my pens and pencils.

Take off my shoes and put them away.

Help to clean up after dinner.

Put this up somewhere prominent and use this as a checklist to keep this a nice place for everyone that uses it. You can ask your family to add other things to the list that they will do to help, or add things that all the community needs to do, if you are thinking about a community space, like throwing rubbish in a bin, and not on the ground.