




Key Stage 1 Weekly Learning		
Year 1, Birch and Maple	<b>Theme:</b> Active Kids How and why do we keep active?	<b>Week beginning:</b> 29/06/2020
<b>Daily Activities</b>		
Wake up & Shake up	Exercise with Joe Wicks, go for a walk, run or dance. You can also have a go at Cosmic Yoga <a href="https://www.youtube.com/user/CosmicKidsYoga">https://www.youtube.com/user/CosmicKidsYoga</a> or even <a href="https://www.gonoodle.com">https://www.gonoodle.com</a>	
Reading - 10- 15 mins	Continue reading books from home, school or online. We have also added a reading sheet for you to work with. This work is on the story 'Rapunzel' by Bethan Woollvin and you can enjoy listening to it - <a href="https://www.youtube.com/watch?v=F3TEDc4HAcc">https://www.youtube.com/watch?v=F3TEDc4HAcc</a> What do you notice about her style? You do not need the book - all the tasks are within the sheets provided. This week focus on Tasks 3, 4 and 5.  This author has also written these stories: Little Red - <a href="https://www.youtube.com/watch?v=aV3Mok1c-bM">https://www.youtube.com/watch?v=aV3Mok1c-bM</a> Hansel and Gretel - <a href="https://www.youtube.com/watch?v=as7SINDI5VM">https://www.youtube.com/watch?v=as7SINDI5VM</a>	
Speaking/Listening- 5-10 mins	Use the daily picture on <a href="http://www.pobble365.com/">http://www.pobble365.com/</a> to talk about what you can see. Think about what What? Where? Why? Who? When? How?	
Maths- 20- 30 mins	Log on to <b>Topmarks Daily 10/Purple Mash</b> or practise a key skill listed below. Have a go at one of the activities in the Numbers booklet and send us some photos.	
BREAK	Eat a healthy snack, exercise or relax with some mindfulness	
Phonics- 10 - 15 mins	Log on to Phonics Play and choose from Phase 3, 4 and 5 games (real and alien words) <a href="https://new.phonicsplay.co.uk/">https://new.phonicsplay.co.uk/</a> . Watch daily 'Letters and Sounds' phonics lessons on Youtube: <a href="https://www.youtube.com/channel/UCP_FbjYUP_UtldV2K_niWw/featured?disable_polymer=1">https://www.youtube.com/channel/UCP_FbjYUP_UtldV2K_niWw/featured?disable_polymer=1</a>	
Spelling- 5 - 10 mins	Practise your Common Exception Words. (Given out in the Home learning pack) You can also use this app for spellings <a href="https://app.sirlinkalot.org/">https://app.sirlinkalot.org/</a> - You will need to enter your email address and will be sent a free username and password.	
Writing- 10 - 20 mins	Write a diary of your day or some descriptive sentences about the picture on Pobble365.com using interesting adjectives and conjunctions in your home learning book.	
Our School Value		Our School Value for this term is <b>Cooperation</b> .  This week work as a team and help your family by carrying out some household jobs. You can have a go at setting up the table for dinner? Why not tidy up your room?



Key Mathematical skills	Key Reading skills	Key Writing skills
<ul style="list-style-type: none"> <li>Counting forwards and backwards and x2, x5, x10 tables</li> <li>Number bonds to 10 and 20</li> <li>Coin recognition up to £2</li> <li>Quick addition and subtraction of 1 digit numbers</li> <li>Doubles and halves to 20</li> <li>Telling the time</li> <li>Names and describing 2D and 3D shapes</li> <li>Number of seconds in a minute, minutes in an hour, hours in a day, days in a month, months in a year.</li> </ul>	<ul style="list-style-type: none"> <li>Using phonics to decode words</li> <li>Predicting what will come next</li> <li>Talking about characters and events</li> <li>Sharing opinions</li> <li>Retrieving facts</li> <li>Making simple inferences (e.g. <i>I think it is sunny and hot because she put on sunglasses.</i>)</li> </ul>	<ul style="list-style-type: none"> <li>Capital letter at the start of a sentence</li> <li>Full stop at the end (or ?!)</li> <li>Finger spaces</li> <li>Neat, joined handwriting</li> <li>Conjunctions to join ideas (and/ but/ so/ because/ which)</li> <li>Using past or present tense</li> <li>Using phonics to spell</li> <li>Adjectives to describe</li> </ul>

## Weekly Activities

### Science - Science Investigations



Since you enjoyed the pepper and soap experiment last week, we thought you could carry out some more science investigations at home (with the help of an adult).

Here are some ideas of investigations you can do at home or maybe you can think of your own one:

<https://www.sciencefun.org/kidszone/experiments/cool-off-volcanoes/>

<https://www.sciencefun.org/kidszone/experiments/storm-in-a-glass/>

<https://www.sciencefun.org/kidszone/experiments/home-made-play-dough/>

Discuss with your family what the result of your investigation was. Did it work?

**Remember to tweet/email us your pictures. We are excited to see your investigations.**

### History - Famous sports people



Do you know what a sports person is? You might have seen them on the television or heard grown-ups at home talking about them. This video will help you to learn more:

<https://www.bbc.co.uk/teach/class-clips-video/pshe-ks1-ks2-proud-to-be-a-sportsperson/zmkfbdm>

Can you name any famous sports people? This could be in football, swimming, tennis, gymnastics, running and many more.

**Research some famous sports people and choose one you like to draw or write about on the star bordered paper below.**

We would love to learn some new facts from you. You could even use 'Did you know?' like we have done before in class.

Use this video clip to help you:

<https://www.youtube.com/watch?v=RsYYFolWusk>

### Art - Animal Mask



We learnt lots about animals for our 'Animal Kingdom' theme. We have talked about the different animals we know, which animal group they belong to and what they eat.

Using different recyclable materials around the house, create a mask of your favourite animal.

Think about why it is your favourite?  
Which animal group does it belong to?  
What colour is it?  
Where does it live?

**Remember to tweet/email us your pictures so we can see which animal you chose.**

### PE - The cup challenge



Have a go at this challenge with your family by watching the video. All you need is a cup!

<https://www.youtube.com/watch?v=Y5kYLOb6i5I>

What other items could you use around the home?

Let us know how you find this by sharing photos on Twitter and email.

### Jigsaw

Share with your family the structure we use in Jigsaw lessons.

This week, we are going to think about knowing how to keep safe and happy.

Talk about how you are all feeling and that it is ok to feel 'different' at the moment, as there are many changes happening in the world around us. **Can you remember the things that keep us safe from last week?** (hand washing, social distancing, coughing/sneezing into our elbow)

Even though we may not see friends/family, we still belong to a community where everyone works together as a team. We might have some worries, and that is OK and perfectly normal after such an unusual time, but you can still talk to all the adults at home or in school if you are feeling that you want to. We will be thinking about ways to deal with these in our next Jigsaw lesson.

**Draw a picture of yourself feeling safe and happy that you belong to the school community on the sheet below. Think of some ideas together first. You could write "I feel safe and happy that I belong when ..." and label what you are doing as well as drawing your pictures.**

**We would love to see your drawings and it would make us smile too.**



INCREDIBLE  
ME

### Useful websites:

-Daily Phonics lessons on Youtube: [https://www.youtube.com/channel/UCP\\_FbjYUP\\_UtIdV2K\\_-niWw/featured?disable\\_polymer=1](https://www.youtube.com/channel/UCP_FbjYUP_UtIdV2K_-niWw/featured?disable_polymer=1)

-Daily lessons on Oak National Academy: <https://www.thenational.academy/online-classroom/year-1#schedule>

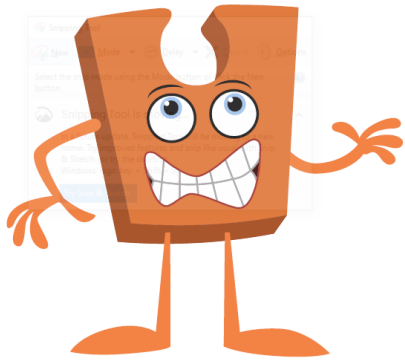
-Sing up.org have got useful resources to keep your child learning and singing at home, including a 'Song of the week.'

-Beth Shepherd is a children's author and creative writing tutor. She is running weekly live YouTube sessions by reading a chapter from her book and sharing tips for creative writing. They are every Tuesday and Thursday at 11am on: <https://m.youtube.com/channel/UCOU66uL2lu99dPV1XfIJ9w>

-[Tenpieces@bbc.co.uk](mailto:Tenpieces@bbc.co.uk) have resources and activities based on classical music.

-The National Literacy Trust have published a free online book called 'The Book of Hopes'. It has a selection of short stories by all our favourite children's authors. The link is: <https://literacytrust.org.uk/family-zone/9-12/>

-This is a **free** kindle book written about the virus by an early years expert: <https://www.amazon.co.uk/Games-Play-Whilst-Socially-Distancing-ebook/dp/B0897YWKLR>



A large, empty rectangular box for drawing or writing.

A series of horizontal lines for writing.



## Take 5: Ideas for Independent/Home Learning

### Rapunzel by Bethan Woollvin (Two Hoots)

#### 1. Explore it



Rapunzel lived all alone in a tall, dark tower.  
She was trapped there by a witch, who visited every day.

Read the first sentence of the text...

What do you know is happening from the sentence? Where is it happening? Have you heard the name Rapunzel before? What do you already know, or think you know about her and her story?

Now re-read the sentence again and think about the information we are given here? What is the tower like? Which words tell you this? Who are the characters in the story? What do you think they are like from what you have read? How do you know?

#### 2. Illustrate it

Re-read these opening sentence again, a few times. What do you see in your mind's eye as you read this? What do the main characters look like? What about the tower? What else is part of the setting?

After you have read the opening of the story a few times, take a pen or pencil and a bit of scrap paper. You can use the back of an old envelope or cereal packet; whatever is to hand.

Draw what you imagine is happening here to illustrate the words you have heard and seen. Maybe other people in your family want to draw what they imagine her as well. Remember, everyone has their own ideas and imagines things their own way. This is a good thing!

Once you have drawn your picture, share your drawings with someone else if you can, or talk about what you have drawn with someone else: what is similar about the drawings? What is different?

Now, look at how the illustrator, Bethan Woollvin, has chosen to draw this scene. This is on the next page so that this doesn't influence your own ideas. What is similar and different about her illustration?



Rapunzel lived all alone in a tall, dark tower.  
She was trapped there by a witch, who visited every day.



### 3. Talk about it

Read the text again while looking at the illustration in the text. What do you notice about the picture? How do you think Rapunzel feels in this picture? What tells you this? What do you think the character of the witch is like? What do you think she is thinking or doing in the picture? What do you think might happen next in this story? What will happen as the witch walks down the path and up to the tower? You could draw and write your ideas in pictures and words, or just write what you think will happen in the rest of the story yourself.

### 4. Imagine it

Look at the picture again. Focus in on Rapunzel in the tower. What do you think it feels like to live '**all alone in a tall, dark tower**'? What are the nice things about having time to yourself? How might this be different when we know that she is 'trapped; rather than choosing to be by herself? What might you miss about seeing the world and other people if you were trapped indoors?

### 5. Create it

Write a letter to Rapunzel to help her take her mind off being lonely. Do you know some good things that she could do while she's by herself that you could share with her? Do you have any ideas of what she could do to stop herself being bored? Do you have a plan that you could share with her on how to escape? Take a

paper and pen or pencil and write your letter. Share this with someone else at home. Do they think this is a good way to offer comfort or strength to her?